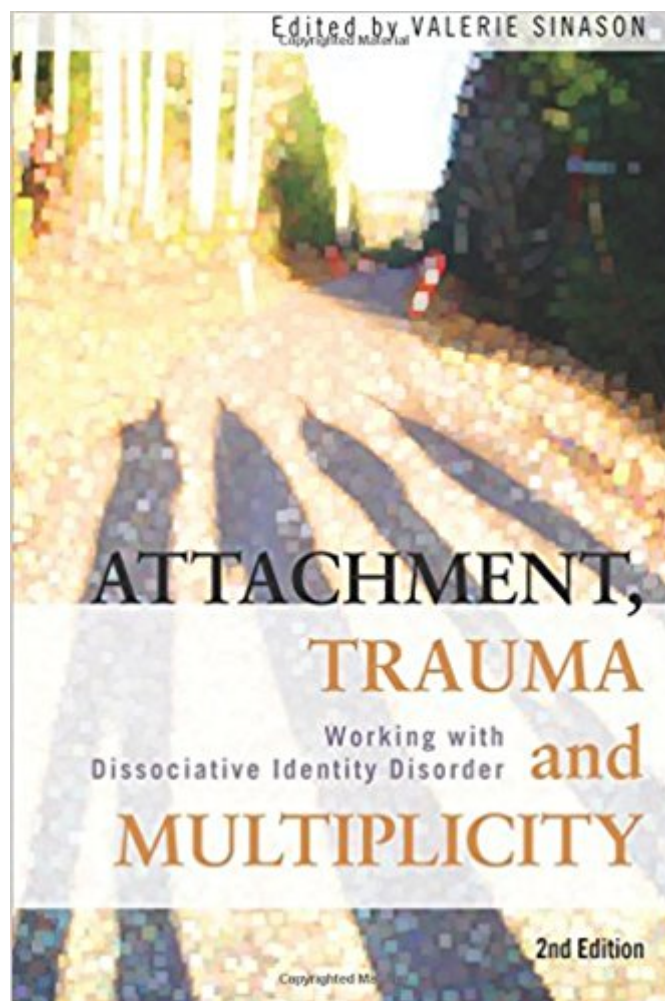




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Attachment, Trauma And Multiplicity: Working With Dissociative Identity Disorder



Synopsis

This Revised Edition of *Attachment, Trauma and Multiplicity* investigates the subject of Dissociative Identity Disorder. With brand new chapters on police work and attachment theory it has been fully updated to include new research and the latest understanding of patterns of attachment theory that lead to dissociation. With contributions from psychotherapists, psychiatrists, psychoanalysts and service users this book covers the background history and a description of the condition along with the issues of diagnoses and treatment. It also looks at: the phenomenon of DID the conflicting models of the human mind that have been found to try and understand DID the political conflict over the subject including problems for the police clinical accounts and personal writing of people with DID. *Attachment, Trauma and Multiplicity, Second Edition* will prove essential reading for therapists and mental health workers as well as being a valuable resource for graduates and researchers.

Book Information

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Customer Reviews

"This new edition of *Attachment, Trauma and Multiplicity* captures the state of the art in Great Britain. It is a most welcome addition to the dissociative disorders field". - Colin A. Ross, M.D., President, The Colin A. Ross Institute for Psychological Trauma, Richardson, Texas, USA.

Clinic for Dissociative Studies

I felt this book has a lot of depth to it in certain specific chapters. The discussion of the RA family was very helpful in how the family unit is constructed and functioned. Since I don't know much about my past family and how they think I have to get it from other resources. So this book confirmed some things I already knew but says it in a more concise way. The Dissociation chapter has a lot of discussion issues but haven't read that portion yet. I like the charts that are laid out in the book. Snow White and the Seven diagnoses and how the 7 diagnoses labeled with the Disney characters helped. Chapter 11 on attachment issues relating to one poem takes some time to grasp the author's analogy of dissociation it takes time to understand the author's train of thought. The shoemaker and the elves may have its good concepts but haven't read the whole chapter yet. The best chapter in the book is the one entitled As Thick as Thieves or the RA family the author did a good job in describing that concept very well and she made her points very clear.

If you work with people who have experienced trauma, especially those with Complex PTSD (generally the result of severe childhood physical and/or emotional neglect, sexual abuse, or physical/emotional abuse), this book offers a variety of useful perspectives on how attachment issues and trauma impact dissociative responses to trauma. With the new DSM-5 finally offering a "Dissociative Subtype" for post-traumatic stress disorder (PTSD), it will be more important than ever to have a solid understanding of how attachment (insecure varieties: avoidant, ambivalent/resistant, disorganized) plays into the dissociative response to traumatic experience. The variety of authors who contributed to this volume provide many different perspectives by which he can understand the concepts of dissociation and multiplicity (diagnosed as Dissociative Identity Disorder [DID], and formerly named Multiple Personality Disorder [MPD]). Highlights include chapters by Peter Fonagy, Leslie Swartz, John Southgate, and Phil Mollon. The only drawback to the book, in my (biased) opinion is the absence of a chapter by Colin Ross (the expert on dissociation and multiplicity) and Richard Schwartz (founder of Internal Family Systems Therapy, one of the most effective models for working clients experiencing multiplicity).

very helpful

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